



# EXCALIBUR Evening B

05022025

Sustainability

**Example 3: Spare time**



Co-funded by the  
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For: German teachers

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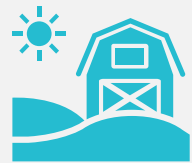
# Spare time at last - free time

Do we need sustainability also in  
the spare time?

# Sustainable spare time



We associate sustainability often with other areas of life, but not with spare time.



Free time: You must finally be allowed to do what you want? What do you think?

**Consider:  
What do you  
like to do in  
your spare  
time? Write  
down  
keywords  
(also in your  
first  
language)**

**What we need here:**



```
graph TD; A[What we need here:] --> B[Words for hobbies]; B --> C[Words for socialising]; C --> D[Words for sport / types of sport]; D --> E[Words for travelling];
```

Words for hobbies

Words for socialising

Words for sport / types of sport

Words for travelling

# Hobbies 1

1. Collect (in small groups) **words for hobbies** (possibly in first language(s) and English).
2. Search appropriate **illustrations** for each hobby.
3. Make lists with **substantives and verbs**. Try to find appropriate substantives and verbs! Use dictionaries!
4. Consider: are individual words enough? What additional information would be useful? Perhaps phrases or sentences?
5. Find out how you can translate these words/phrases/sentences into German (and Italian, Norwegian and Finnish).
6. Make digital vocabulary lists for all languages that you need.



# Hobbies 2

## Activity A

Every group shows some of the found **illustrations** without naming the hobby. The other groups guess the hobby and search the correct German word. Does everyone know the hobby? Maybe something needs to be explained?

At the end, all groups receive all hobby word lists in the appropriate languages.



# Hobbies 3

## Activity B: Consider about every hobby:

- Is everything sustainable with this hobby?
- What could possibly be not so sustainable?
- Could it become more sustainable? If yes, how?

Some food for thought:

Cross-country skiing directly in the forest or downhill skiing with a ski lift ride beforehand?

Swimming in a pool or lake?

Football or golf?



# Sport / Types of sport 1 (= hobbies of many)

1. Collect (in small groups) **words for sports** (in first language(s) and English).
2. Search appropriate **illustrations** for each **sport**.
3. Make lists with **substantives and verbs**. Try to find appropriate substantives and verbs! Use dictionaries!
4. Consider: are individual words enough? What additional information would be useful? Perhaps phrases or sentences?
5. Find out how you can translate these words/phrases/sentences into German (and Italian, Norwegian and Finnish).
6. Make vocabulary lists for all languages that you need.

**NB: If only types of sports were mentioned under hobbies, you can skip the sport pages.**

# Sport / Types of sport 2

## Activity A

Every group shows some of the found **illustrations** without naming the sport. The other groups guess the sport and search the correct German word. Does everyone know the sport? Maybe something needs to be explained?

At the end, all groups receive all sport word lists in the appropriate languages.



## Sport/Types of sport 3

Is every sport automatically sustainable?



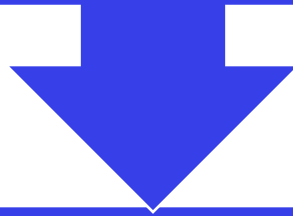
Consider why a sport might not be so sustainable. Or if it becomes not so sustainable in certain situations.



Could the sport be made more sustainable? If yes, how?

# Holiday at last: Travelling 1

Many of us like to travel. Getting to know new cities and countries is exciting.



Collect arguments why you like travelling!

# Travelling 2

**«Flying to Mallorca is as harmful for the environment as a whole year of driving around with a car.»**

Discuss.

Giving up travelling?

Travelling differently?

Travelling elsewhere?

Travelling less often?





## Travelling 3

Research if you can also travel more sustainably.



# Socialising 1

Chilling with friends, doing something with the family is for many an especially important leisure activity. You are together with people you like. What you do isn't that important. Main thing is that you are together.

## 1. Consider first **by yourself**:

What do you like to do with others in your spare time?  
With whom exactly?

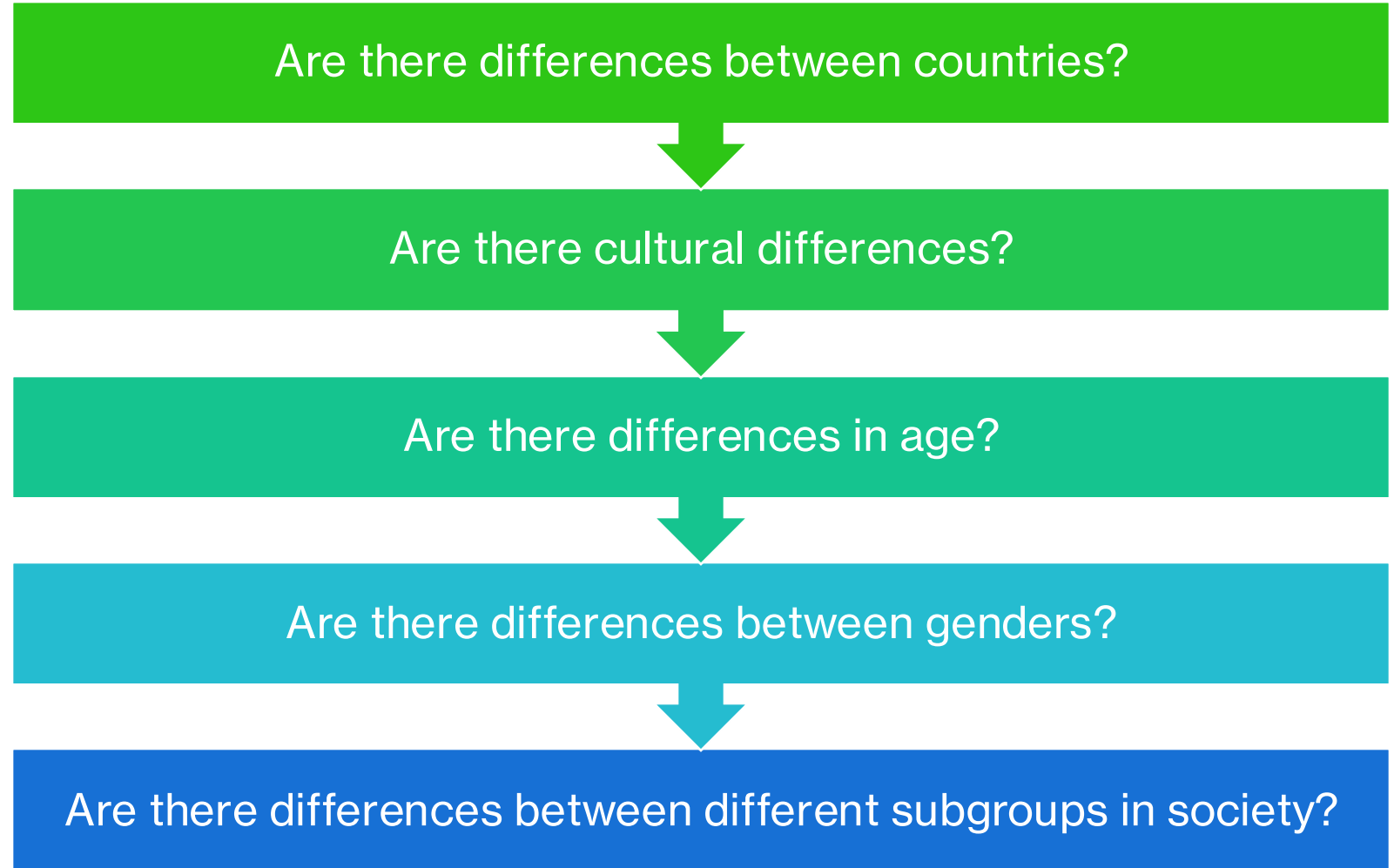
## **Socialising 2**

2. Compare your answers with others in the group.



What differences and similarities are there?

### **Socialising 3: What could be the reasons for the differences?**



# Socialising 4

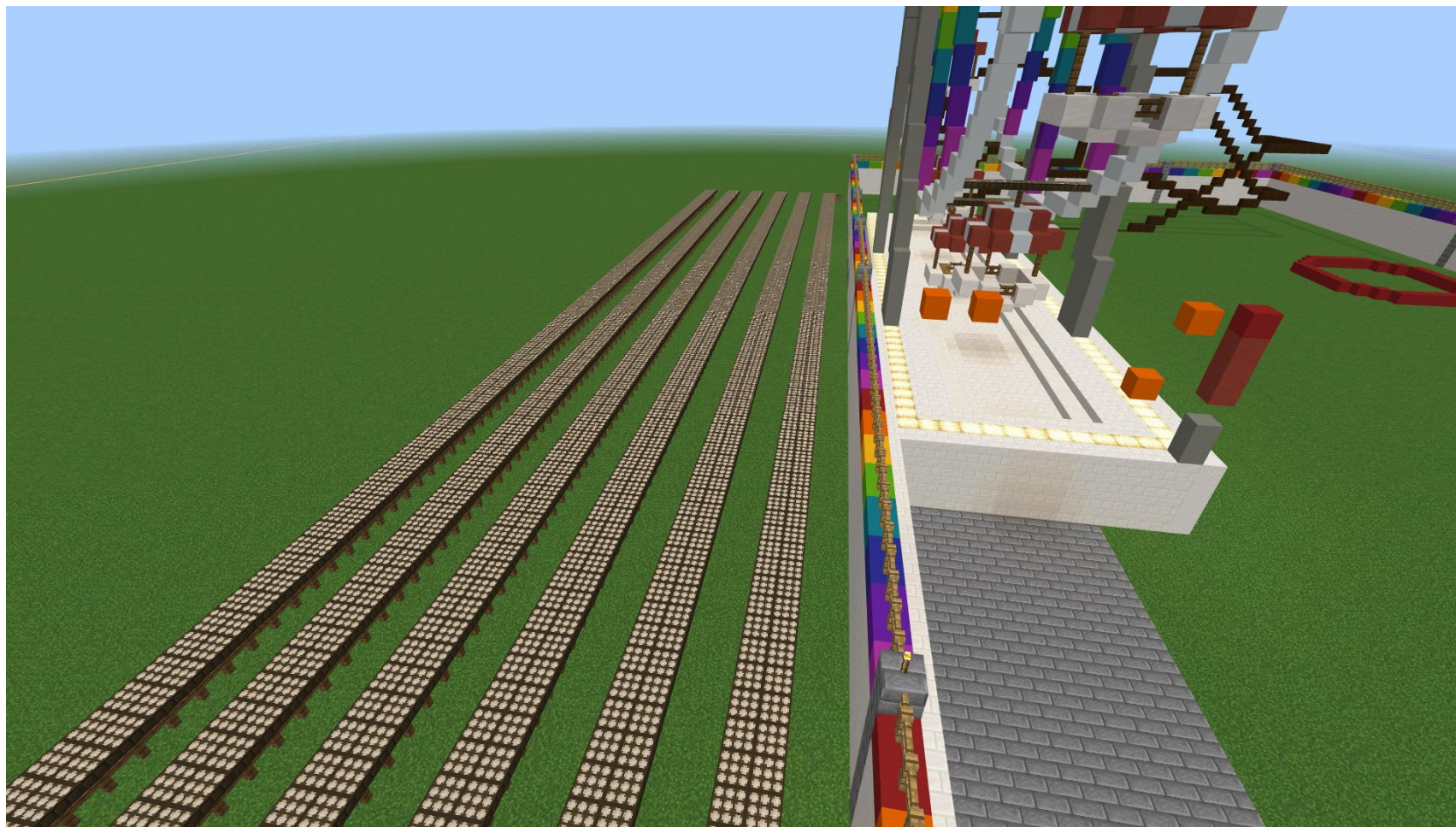
Can socializing also be not so sustainable?



# Project examples:



# Amusement park powered by solar energy





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***Thank you very much for your  
interest!!!***

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